Infection.
Prevention.
Control.
You're in safe hands

NHS

Infection Prevention and Control

Resources for Care Homes

www.infectionpreventioncontrol.co.uk









Here to support with IPC resources

Wherever you are, our Infection Prevention and Control (IPC) . award winning educational resources, training, policies, audit tools and much more… can assist your compliance with the *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance (Code of practice)* and CQC registration requirements.

Who we are

- We are an NHS Community IPC Team who aim to improve IPC standards.
- We are the commissioned IPC service for North Yorkshire and York.
- Our multi-disciplinary Team includes Specialist IPC Nurses and Consultant Microbiologists,

Our vision

- Is to reduce healthcare associated infections.
- Is to reduce hospital admissions.
- Is to share best IPC practice in the Care Home sector.
- Is to produce high quality free and affordable IPC resources.

What we do

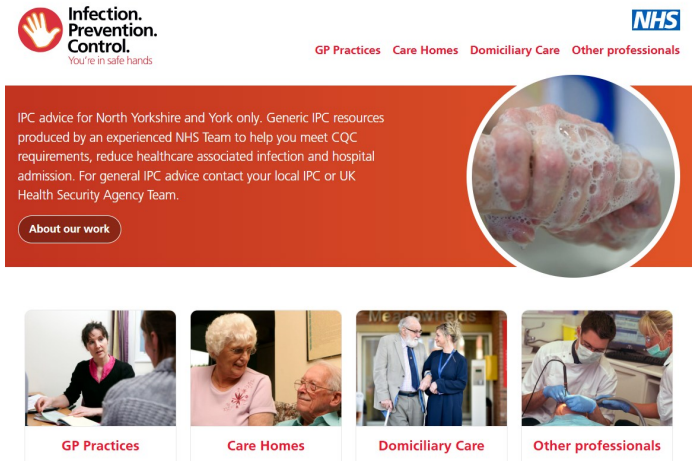
- Provide IPC advice and support to organisations within North Yorkshire and York.
- Produce evidence-based up-to-date resources, e.g. Policies, Audit Tools, Posters, etc. Some resources are free to download, such as the Policies, others are available to purchase at a minimal cost, e.g. Preventing Infection Workbook: Guidance for Care Homes, IPC CQC inspection preparation Pack for Care Homes.

Please note: For specific IPC advice and support on outbreaks or other related IPC issues, contact your local Community IPC or UK Health Security Agency (UKHSA) Team.

A ‘one-stop-shop’ for all your infection prevention and control requirements for Care Homes

We have developed a website specifically for Health and Social Care, this is the gateway to all our IPC resources which include:

- ‘Community Infection Prevention and Control Policies for Care Home settings’ with 30 evidence-based policies, free to download or available to purchase (see page 4)
- ‘IPC CQC assessment preparation Pack for Care Homes’ with a wide range of audit tools, posters and notices (see page 7)
- The highly acclaimed ‘Preventing Infection Workbook: Guidance for Care Homes’, which includes *Clostridioides difficile,* MRSA and Viral gastroenteritis (see page 9). A perfect solution to your staff IPC training requirements
- ‘Viral gastroenteritis outbreak management Pack for Care Homes’, designed to support you in the implementation of infection prevention and control practices to help prevent and control the spread of viral gastroenteritis (see page 10)

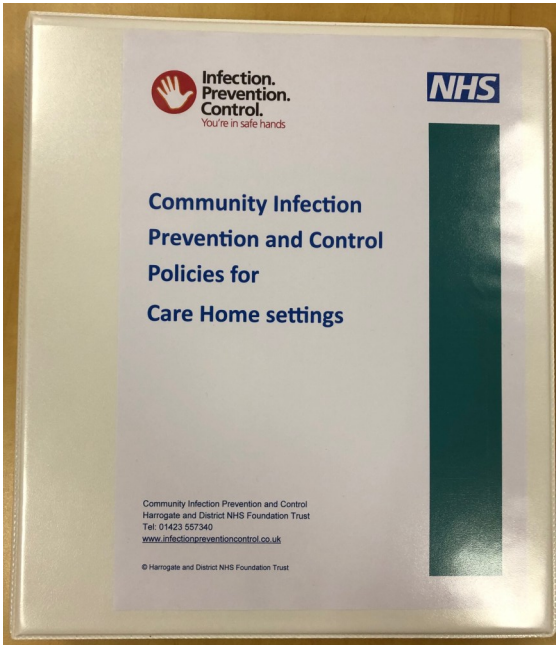


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Community Infection Prevention and Control Policies for Care Home settings

Objective: We have produced a range of Policies for adoption which have been developed to help you with CQC requirements and achieve compliance with the *Code of practice.* All Policies contain national guidance and evidence-based practice.

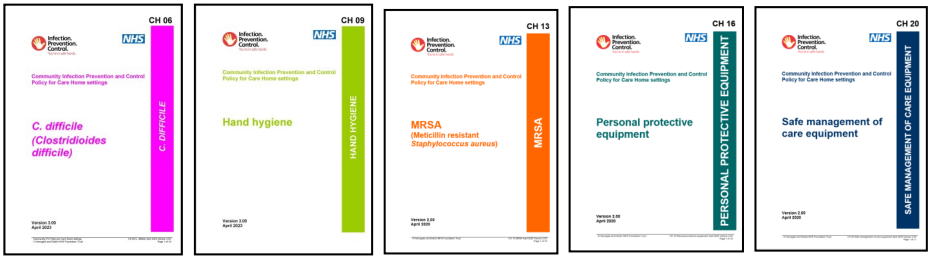
Overview: Available to download free of charge or available to purchase. A set of 30 Community Infection Prevention and Control Policies including:



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Contents:

1. Animals in a care home setting
2. Antimicrobial stewardship
3. Aseptic technique
4. BBVs
5. Care of the deceased
6. *C. difficile*
7. CJD
8. Enteral tube feeding
9. Hand hygiene
10. Invasive devices
11. Isolation
12. MRGNB
13. MRSA
14. Outbreaks of communicable disease
15. Patient placement and assessment for infection risk
16. PPE
17. Respiratory and cough
18. Respiratory illnesses
19. Safe disposal of waste, including sharps
20. Safe management of blood and body fluid spillages
21. Safe management of care equipment
22. Safe management of linen, including uniforms and workwear
23. Safe management of sharps and inoculation injuries
24. Safe management of the care environment
25. Scabies
26. Specimen collection
27. SICPs and TBPs
28. Urinary catheter care
29. Venepuncture
30. Viral gastroenteritis/ Norovirus



IPC Training

To view our courses visit **www.infectionpreventioncontrol.co.uk** under 'Events' section. We deliver a very exciting 1 day course which is ideal for Infection Prevention and Control Leads, Care Home Managers, Head Housekeepers and other Team members. Suitable for individual or group attendance and will help you meet your CQC educational requirements. This very popular event is usually held twice a year. Places are strictly limited, so booking early is advisable. Sample programme below.

Call us on 01423 557340 to book a place.

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Infection Prevention and Control Training Event for Care Homes and Domiciliary Care

Programme

Time	Topic	Location/ Facilitators
08.45	Registration	Larisa Beltic
09.00	Welcome, housekeeping, introduction to the Team and the day	Gillian Partridge
09.10	Introduction to Microbiology	Sonya Ashworth
09.40	Standard infection control precautions and Transmission based precautions. How much do you really know?	Gillian Partridge Kath Banfield Helen Degnan
10.40	Break	
11.00	Standard infection control precautions and Transmission based precautions. How much do you really know? Continued……	Gillian Partridge Kath Banfield Helen Degnan
11.45	Chain of infection	Helen Degnan
12.30	Lunch break	
13.15	Urinary tract infection (UTI) management	Helen Degnan
14.00	Preventing and controlling outbreaks	Gillian Partridge
14.45	Comfort break	
14.55	Are you CQC 'Ever ready'? Implementing your 'IPC CQC inspection preparation Pack'	Sonya Ashworth Kath Banfield
15.40	Improving IPC practice Making your IPC Pledge	Kath Banfield
16.00	Close	

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Infection Prevention and Control CQC assessment preparation Pack for Care Homes

Objective:

The aim of this comprehensive innovative Pack is to assist you with the evidence required to demonstrate compliance with the *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance (Code of practice)* and CQC requirements. The Pack has been produced by an experienced NHS Community Infection Prevention and Control (IPC) Team who work closely with CQC Inspectors undertaking joint care home inspections.

Overview:

Available to purchase in an A4 ring bound folder or in digital format with 5 sections containing a wealth of information and resources, a range of documents and a supply of colour posters.

It is designed to help you provide the evidence required to demonstrate compliance with the *Code of practice* and contains essential compliance resources.

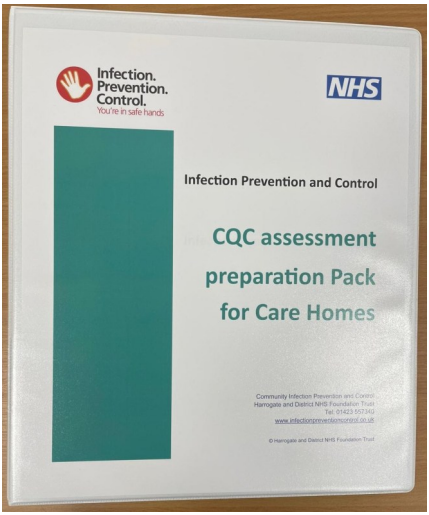
- Information on the key infection prevention and control documents from the Care Quality Commission, Department of Health and Social Care, NHS England, e.g. *Code of practice, National Standards of Healthcare Cleanliness 2025.*
- An in-depth 'Standard infection control precautions Assurance: Annual IPC Audit Tool' which helps guide you through the complex process of ensuring you have the correct documented evidence and actions required to demonstrate infection prevention and control compliance against each of the 10 criterion of the *Code of practice.*
- A range of essential IPC audit tools and competency assessment tools, e.g. aseptic technique, commode and commode pan, enteral tube feeding, hand hygiene, mattress and mattress cover, personal protective equipment, pressure relieving cushion and cover, safe management of care equipment and safe management of the care environment. Use of these Audit Tools supports the Assurance Tool above.

- A supply of key posters, notices, flow charts and leaflets, e.g. Hand hygiene, Bare below the elbows, Breach of hygiene, National colour coding poster for cleaning materials, Sharps/ inoculation incident procedure.
- Other IPC information, including an 'Annual statement on compliance template', 'IPC risk assessment template' and job description addendums for all staff and IPC Leads.
- Signposts to other IPC information, e.g. 'IPC Cleaning schedule and record templates'.

CQC regulation is essential to ensure that organisations are compliant with the *Code of practice* and ensure that residents receive safe and effective care.

The most important outcome of effective infection prevention and control is:

Preventing healthcare associated infection = Patient safety





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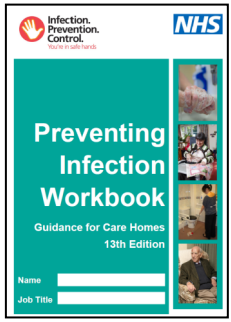
Preventing Infection Workbook: Guidance for Care Homes 13th Edition

Objective:

This Workbook has been produced specially for Care Homes to educate and familiarise staff with IPC Policies, whilst also helping with CQC requirements and achieving compliance with the *Code of practice*.

Overview:

This innovative 80 page A5 Workbook in printed or digital format, is aimed at all staff working in care home settings. It is designed for all levels of staff and each member of staff should receive their own copy to be worked through it at their own pace. Our local CQC Inspectors have viewed use of the Workbook as best practice.



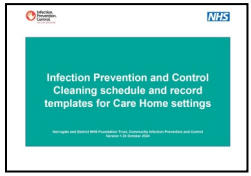
Provides:

- National guidance
- Evidence-based information
- Includes the Standard infection control precautions, and topics such as, Antimicrobial stewardship, Aseptic technique, Specimen collection, Urinary catheter care, UTI prevention, *C. difficile*, MRGNB, MRSA, Respiratory illnesses and Viral gastroenteritis/ Norovirus
- Each topic includes a 'Test your knowledge' set of questions
- When 100% competency has been achieved, managers sign the 'Certificate of completion' at the end of the Workbook, providing evidence for CQC compliance
- The Workbook is kept by the member of staff as part of their portfolio of evidence of learning and can be used as a reference guide for day-to-day working

"The Workbooks are brilliant resources and staff are lucky you are there to support them. Completion of the Workbook would be an ideal way for Care Home owners to demonstrate staff training to the CQC."

Elaine Biscoe,
Care Quality Commission – Head Office

Infection Prevention and Control Cleaning schedule and record templates for Care Homes



The above IPC resource is available to purchase (free of charge to North Yorkshire and York Care Homes). Further information is available at: www.infectionpreventioncontrol.co.uk/resources/infection-prevention-and-control-cleaning-schedule-and-record-templates-for-care-home-settings/

Viral gastroenteritis outbreak management Pack for Care Homes

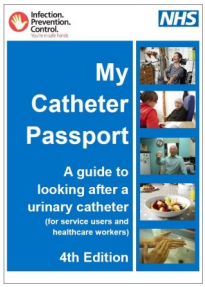


A resource Pack to support care homes in the implementation of infection prevention and control practices to help prevent and control the spread of viral gastroenteritis, e.g. Norovirus, to residents and staff.

Available to purchase in digital format with a supply of posters.

My Catheter Passport

A 44 page A6 guide to looking after a urinary catheter to help ensure catheterised residents receive the optimum standard of care by improving communication between hospital, community and the service user.



- Advice and guidance for residents.
- Advice and guidance for healthcare workers on the management of urinary catheters.
- A section for completion by healthcare workers to record the service user's catheterisation history and MRSA positive results.
- The Catheter Passport also contains medical alert notices for MRSA to help with antibiotic prophylactic prescribing.
- A cost effective way to help reduce urinary tract infection.

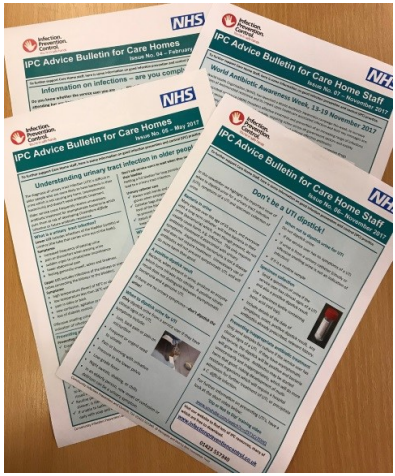
Audit tools, posters, factsheets and leaflets



Audit tools available to purchase and various factsheets are available free to download from the website.

A wide selection of IPC Posters are also available. Some can be downloaded free of charge, whilst others are available to purchase.

IPC Bulletins for Care Homes



To receive a free copy of our regular bulletins, simply e-mail the word 'Subscribe' together with your contact details to infectionprevention.control@nhs.net.

Sample of topics include:

- World Hand Hygiene Day 2026
- Spring clean
- Sustainability
- Preparing for the winter season
- Scabies
- Keeping hydrated
- 'Glove awareness' and 'Hand hygiene'
- Standard infection control precautions
- Sepsis
- UTI's and catheter care

Ordering

To place an order, please contact us on:

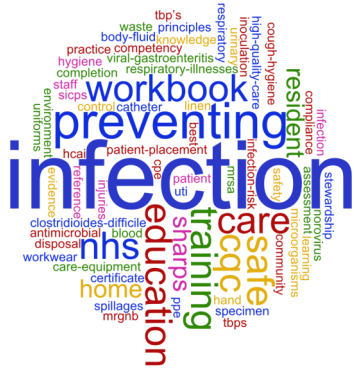
01423 557340

email: infectionprevention.control@nhs.net

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We are always happy to discuss your infection prevention and control educational requirements to see how we can best support you.





Harrogate and District NHS Foundation Trust,
Community Infection Prevention and Control
Tel: 01423 557340
www.infectionpreventioncontrol.co.uk
June 2026

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