



**Infection.
Prevention.
Control.**
You're in safe hands



Infection Prevention and Control

Resources for Care Homes

www.infectionpreventioncontrol.co.uk



Here to help

Wherever you are, we are here to help. Providing Infection Prevention and Control (IPC) award winning educational resources, training, policies, audit tools and much more... which can assist your compliance with the *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance (Code of practice)* and CQC registration requirements.

Who we are

- We are a dynamic NHS Community IPC Team who aim to improve IPC standards and reduce the incidence of healthcare associated infection.
- We provide a commissioned IPC service in our local area, North Yorkshire and York.
- Our multi-disciplinary Team includes Consultant Microbiologists, providing expert advice.

Our vision

- Is to reduce healthcare associated infections.
- Is to reduce hospital admissions.
- Is to share best IPC practice in the Health and Social Care sector.
- Is to produce high quality affordable IPC resources.

What we do

- Provide IPC advice and support to organisations within North Yorkshire and York. For IPC advice contact your local Team.
- Produce evidence-based up-to-date resources, e.g. Policies, Audit Tools, Posters, etc. Some resources are free to download, such as the Policies, others are available to purchase at a minimal cost, e.g. Preventing Infection Workbook: Guidance for Care Homes, IPC CQC inspection preparation Pack for Care Homes.

A 'one-stop-shop' for all your infection prevention and control requirements for Care Homes

We have developed a website specifically for Health and Social Care, this is the gateway to all our IPC resources which include:

- The highly acclaimed 'Preventing Infection Workbook: Guidance for Care Homes', which includes MRSA, Viral gastroenteritis and *Clostridioides difficile* (see page 4). A perfect solution to your staff training requirements
- 'IPC CQC inspection preparation Pack for Care Homes' with a wide range of audit tools, posters and notices (see page 6)
- 'Community Infection Prevention and Control Policies for Care Home settings' with 30 evidence-based policies, free to download or available to purchase (see page 8)
- 'Viral gastroenteritis outbreak management Pack for Care Homes', designed to support you in the implementation of infection prevention and control practices to help prevent and control the spread of viral gastroenteritis (see page 10)

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The screenshot shows the homepage of the Infection Prevention and Control website. At the top left is the logo for 'Infection Prevention Control' with the tagline 'You're in safe hands'. To the right is the NHS logo. Below the logos are navigation links for 'GP Practices', 'Care Homes', 'Domiciliary Care', and 'Dental Practices and Others'. The main content area features a red banner with the text: 'Infection Prevention and Control – let our dedicated and approachable team of professionals help you reduce healthcare associated infection and hospital admissions and meet your CQC requirements.' Below this text is a button labeled 'About our work'. To the right of the banner is a circular image of a hand being washed. At the bottom of the page are four small images representing different care settings: 'GP Practices', 'Care Homes', 'Domiciliary Care', and 'Dental Practices and Others'.

Preventing Infection Workbook: Guidance for Care Homes 12th Edition

Objective:

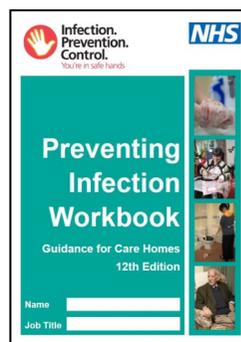
This Workbook has been produced specially for Care Homes to help with CQC requirements and achieve compliance with the *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance*.

Overview:

This innovative 80 page Workbook is A5 size, aimed at all staff working in care home settings. It is designed for all levels of staff and each member of staff should receive their own copy to be worked through it at their own pace. Use of the Workbook is seen as best practice by local CQC Inspectors.

Provides:

- Latest national guidance
- Evidence-based information
- Includes the Standard infection control precautions, and topics such as, Aseptic technique, Specimen collection, Urinary catheter care, UTI prevention, *Clostridioides difficile*, MRGNB, MRSA, Respiratory illnesses and Viral gastroenteritis/Norovirus,
- Each topic includes a 'Test your knowledge' set of questions
- When 100% competency has been achieved, managers sign the 'Certificate of completion' at the end of the Workbook, providing evidence for CQC compliance
- The Workbook is kept by the member of staff as part of their portfolio of evidence of learning and can be used as a reference guide for day-to-day working



“The Workbooks are brilliant resources and staff are lucky you are there to support them. Completion of the Workbook would be an ideal way for Care Home owners to demonstrate staff training to the CQC.”

**Elaine Biscoe, National Nursing Advisor
Care Quality Commission – Head Office**

IPC Training

To view our training events visit www.infectionpreventioncontrol.co.uk under the 'Events' section.

We deliver a very exciting 1 day course which is ideal for Infection Prevention Leads and will help you meet your CQC educational requirements. This very popular course is held two or three times a year. Places are strictly limited, so booking early is advisable. Sample programme below.

Call us on 01423 557340 to book a place.

www.infectionpreventioncontrol.co.uk

Time Topic

08.45	Registration
09.00	Welcome, housekeeping, introduction to the Team and the day
09.10	Standard infection control precautions and Transmission based precautions. How much do you really know?
10.40	Break
11.00	Introduction to microbiology
11.45	Chain of infection
12.00	Lunch break
13.00	Asepsis
13.15	Urinary tract infection (UTI) management
13.45	Are you CQC 'Ever ready'? Implementing your 'IPC CQC inspection preparation Pack'
14.30	Comfort break
14.40	Winter planning - preventing and controlling outbreaks
15.10	Improving IPC practice
25.45	IPC quiz. Evaluation of the day
16.00	Close

Infection Prevention and Control CQC Inspection Preparation Pack for Care Homes

Objective:

The aim of this comprehensive innovative Pack is to assist you with the evidence required to demonstrate compliance with the *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance (Code of practice)* and CQC requirements. The Pack has been produced by an experienced NHS Community Infection Prevention and Control (IPC) Team who work closely with CQC Inspectors undertaking joint care home inspections.

Overview:

An extensive ring bound folder with 5 sections containing a wealth of information and resources, together with a supply of colour printed posters. It is designed to help you provide the evidence required to demonstrate compliance with the *Code of practice* and contains essential compliance resources.

Information on the key IPC documents from the Care Quality Commission and Department of Health and Social Care, *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance, Prevention and control of infection in care homes*.

A 51 page in-depth Assurance Tool to guide you through the complex process of ensuring you have the correct documented evidence and actions required to demonstrate IPC compliance against each of the 10 criterion of the *Code of practice*.

A range of essential IPC audit and competency assessment tools, e.g. aseptic technique, commode and commode pan, enteral tube feeding, hand hygiene, mattress and mattress cover, personal protective equipment, pressure relieving cushion and cover, safe management of care equipment, safe management of the care environment. Also includes a 9 page 'Standard infection control preventions Assurance: Annual IPC Audit Tool' which works in

conjunction with the other IPC audit and assurance tools.

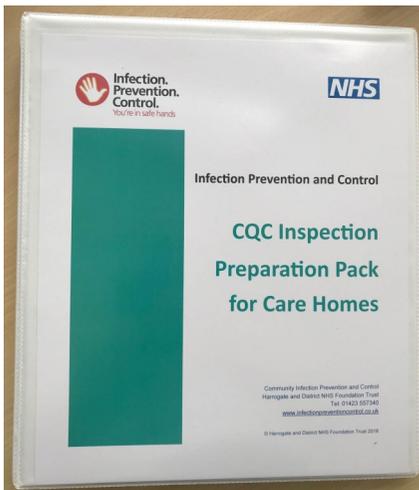
A supply of 19 individual key posters, notices, flow charts and leaflets, e.g. Hand hygiene, Bare below the elbows, National colour coding poster for cleaning materials, Sharps/inoculation incident procedure, Viral gastroenteritis (a total of 39 printed posters).

Other IPC information, including a Cleaning notice, Declaration of contamination status Form, Inter-health and social care infection control transfer Form, job description addendums for all staff and IPC Leads, and a local contact number poster.

CQC inspections are essential to ensure that organisations are compliant with the *Code of Practice* and ensure that residents receive safe and effective care.

The most important outcome of effective infection prevention and control is:

Preventing healthcare associated infection = **Patient safety**

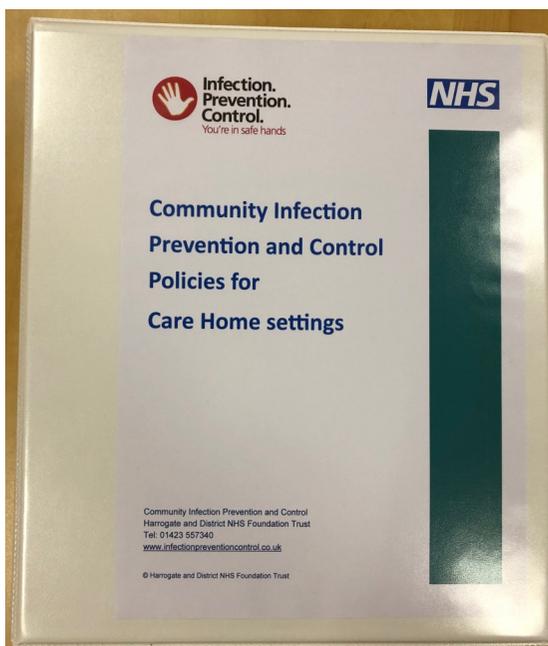


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Community Infection Prevention and Control Policies for Care Home settings

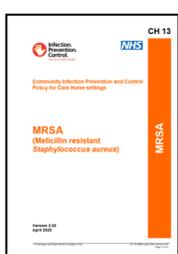
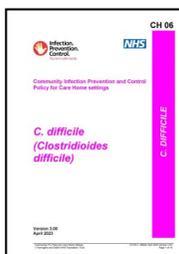
For CQC registration requirements, you should have comprehensive Infection Prevention and Control (IPC) Policies. We have produced a set of IPC Policies specifically for Care Homes which are available to download free of charge or a full colour ring bound folder can be purchased. For further information please visit: www.infectionpreventioncontrol.co.uk

Objective: A comprehensive range of Policies which can be adopted by your organisation, produced by an experienced NHS Community Infection Prevention and Control Team. This folder has been developed to help your organisation with CQC requirements and achieve compliance with the *Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance*. All the Policies contain up-to-date national guidance, evidence-based practice and are in-line with the 'Standard infection control precautions' (SICPs) referred to by NHS England.



Contents:

1. Animals in a care home setting	18. Respiratory illnesses
2. Antimicrobial stewardship	19. Safe disposal of waste, including sharps
3. Aseptic technique	20. Safe management of blood and body fluid spillages
4. BBVs	21. Safe management of care equipment
5. Care of the deceased	22. Safe management of linen, including uniforms and work-wear
6. <i>C. difficile</i>	23. Safe management of sharps and inoculation injuries
7. CJD	24. Safe management of the care environment
8. Enteral tube feeding	25. Scabies
9. Hand hygiene	26. Specimen collection
10. Invasive devices	27. SICPs and TBPs
11. Isolation	28. Urinary catheter care
12. MRGNB	29. Venepuncture
13. MRSA	30. Viral gastroenteritis/ Norovirus
14. Outbreaks of communicable disease	
15. Patient placement and assessment for infection risk	
16. PPE	
17. Respiratory and cough hy-	



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Viral gastroenteritis outbreak management Pack for Care Homes

A resource Pack to support care homes in the implementation of infection prevention and control practices to help prevent and control the spread of viral gastroenteritis, e.g. Norovirus, to residents and staff.

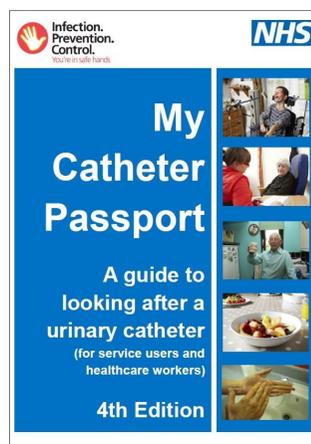
Available to purchase in a ring binder with a supply of colour posters.



My Catheter Passport

A 44 page A6 guide to looking after a urinary catheter to help ensure catheterised residents receive the optimum standard of care by improving communication between hospital, community and the service user.

- Advice and guidance for residents.
- Advice and guidance for healthcare workers on the management of urinary catheters.
- A section for completion by healthcare workers to record the service user's catheterisation history and MRSA positive results.
- The Catheter Passport also contains medical alert notices for MRSA to help with antibiotic prophylactic prescribing.
- A cost effective way to help reduce urinary tract infection.



Audit tools, posters, factsheets and leaflets



Audit tools and factsheets are available free to download from the website.

A wide selection of posters, some are available to download or to purchase.

IPC Bulletins for Care Homes

To receive a free copy of our regular bulletins, simply e-mail infectionprevention.control@nhs.net and request to be added to our database.

Sample of topics include:

- Wear in International Infection Prevention Week
- To dip or not to dip?
- UTIs in those over 65 years or catheterised adults
- Infection Prevention and Control Policies
- Norovirus alert
- Preventing dehydration
- 'Glove awareness' and 'Hand hygiene'



Ordering

To place an order, please contact us on:

01423 557340

e-mail:

infectionprevention.control@nhs.net

www.infectionpreventioncontrol.co.uk

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Tel: 01423 557340
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