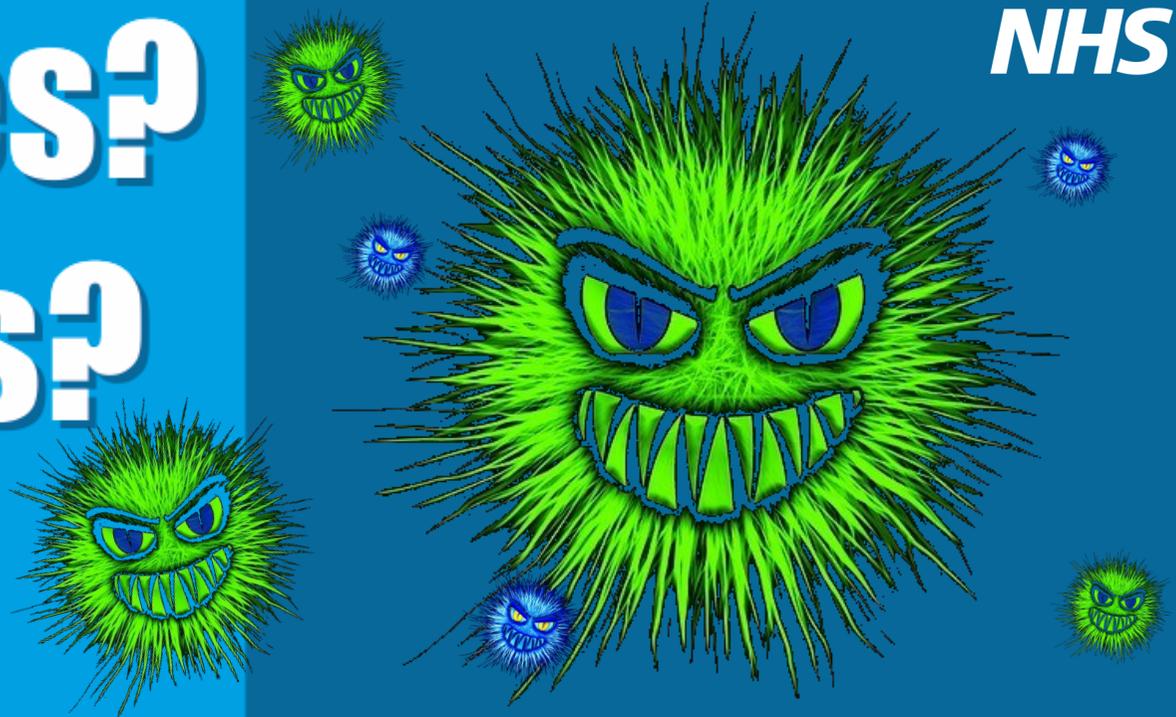


Chocolates? Magazines? Grapes?

NHS

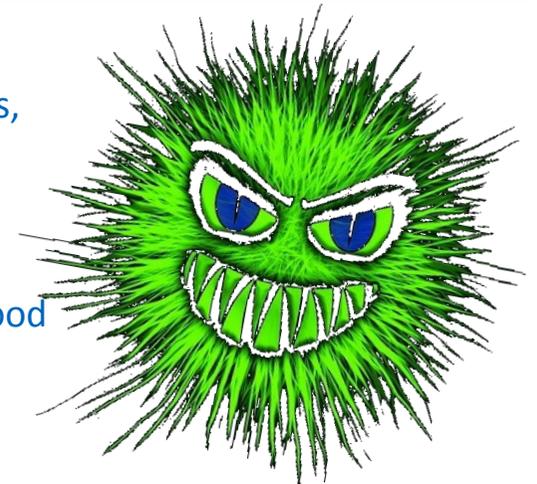


Whatever you bring into a care home, make sure it's not **norovirus, the winter vomiting bug.**

If you've had sickness or diarrhoea in the last 48 hours, please avoid visiting care homes, doctors' surgeries, hospitals and other healthcare facilities if you can

To help reduce the risk of catching the winter vomiting bug, also known as norovirus, always wash your hands with soap and water after using the toilet and before preparing food

If you catch norovirus, stay at home and drink plenty of water. Most people recover in a couple of days. If your symptoms persist, contact NHS 111 for advice



If you work in a care home, you can find out more about norovirus, here: www.infectionpreventioncontrol.co.uk/resources/viral-gastroenteritis-norovirus/